

# Technology & Violence against Women



Technology and violence against women are closely connected. Technology can be used to perpetuate violence but can also help survivors access safety, support and connections.

## Harassment

Using technology to frequently contact, threaten and intimidate a survivor.



## Isolation

Using technology to limit a survivor's contact and access to family, friends, information and services.



## Impersonating

Using technology to assume an identity, send false messages, and access private information.

## Stalking

Using technology to monitor a survivor's activities, behaviour or location.

# 18%

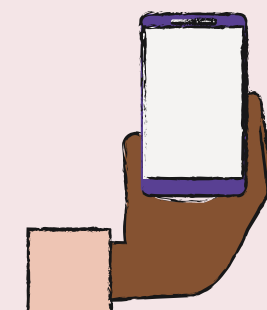
of women in Canada have experienced online harassment



Women use technology to access employment, education and financial resources.



Women use technology to stay connected with family, friends and their communities.



Women use technology to find health, legal and housing information and support.

Studies have found that 93% of women report that a cell phone helps them feel safe and connected.

Globally, approximately **300 million** fewer women than men have access to the internet or a cell phone.



## Resources:

Feminist principles of the internet: [www.feministinternet.org](http://www.feministinternet.org)

Take back the tech: [www.takebackthetech.net](http://www.takebackthetech.net)

