

# Economic Abuse: Senior Immigrant Women

Economic abuse can be any form of financial control, abuse, mistreatment, neglect or a disrespect of your financial rights.

## Economic abuse is when someone you know...

- Takes your money
- Puts pressure on you to give them money
- Opens bank accounts in your name, without your knowledge
- Signs your financial documents, without your knowledge
- Makes you do house work or child care without respecting your needs
- Stops you from using your money to buy things like food or clothes
- Stops you from using your money to do things you want

## Who can do this to you?

- A spouse or partner
- Adult children
- Grandchildren
- Extended family
- Carers
- Someone in your community



## Getting Help

Experiencing economic abuse can make you feel fearful and helpless but there is help available. There are places where you can get free and confidential help in your own language.

- **211 gives you information about local services**
- **Senior Safety Line (1-866-299-1011) helps if you are older and mistreated**

1. Dial the number you choose (available 24/7 in multiple languages)
2. At the beginning of the call, say the language you need and wait for an interpreter.
3. You don't have to share your name.
4. Tell them what you need help with and they will give you advice or contact details for other services that can help.

Types of services that might be available in your community:

- Financial assistance
- Immigration
- Employment
- Legal rights
- Access to low cost housing
- Rent Support
- Health care
- Food
- Community groups
- Other

